

# Who is here today?

#### **Parents**

Newly identified

In the thick of it

Looking at transition to Adulthood

#### **Professionals**

Medical

**Therapists** 

**Educators** 

# Parent Mediated Intervention

**PMI** 

Who

What

Where

When

Why

#### WHY

- You know your child the best
- You have the strongest relationship with your child to "hold them" through the hard stuff
- ° You are with your child the most time in a given week
- ° You are in it for the long haul
- ° You are your child's best supporter, teacher, side-kick

#### WHEN

- Routines
  - At meals
  - Getting Dressed
  - Riding in the Car
  - Unpacking backpacks after school
  - At bath time
  - Planning meals for the week

- All day, every day
  - Let's be reasonable
    - DIR
    - Hanen
    - PACT

#### WHERE

• EVERYWHERE YOU CAN GIVE UNDIVIDED ATTENTION

- The Park
- The Car
- At the kitchen table
- o In the bathtub
- o "Planned" play time built into your schedule

- Coaching, meeting the parent where they are and where they are going based on parent/family goals
  - Coaching isn't telling, coaching is reflecting with the family what is possible based on their unique situation through discovery
  - o Coaching isn't training, coaching is meeting each child and family where they are
  - o Coaching isn't cookie cutter, coaching is individualized to the child and the family dynamic
- o Reflecting with the parents; what works and what doesn't determined by the family dynamics

- ° Training parents to meet the needs of their child and move them "forward"
  - o DIR: Stanley Greenspan, MD and Serena Wieder, PhD
    - o Developmental, Individual, Relationship based intervention
      - Provided by clinician with child/parent/family
      - 9 levels; Regulation, Engagement, Two-way communication, Shared
        Problem Solving, Symbolic thinking
      - o 5 C's Comfort, Competence, Confident, Control, Communication

- ° Training parents to meet the needs of their child and move them "forward"
  - Hanen:
    - ° 8-week program with parents and 3 sessions with child/parent(s)
    - ∘ Observe, Wait, Listen OWL
    - ° Repeat, Offer Opportunities, Cue, Keep it fun, Keep it going ROCK

- o Training parents to meet the needs of their child and move them "forward"
  - PACT: Pediatric Autism Communication Training
    - o Low intensity "dose" of intervention with long term effects
      - Every other week sessions for 6 months, may have 1 session a month for another 6 months
    - Child and family plays while interventionist videos interactions
    - o Family reviews the video and chooses a segment to "dissect" with interventionist
    - 6 stages; shared attention, synchrony, language input, routines, increasing communitive functions, developing conversations

## WHO





### REFERENCES DIR

Developmental Individual Relationship Based



https://profectum.org/trainingprograms/ppt/

Profectum.org

Free Parent Classes

#### REFERENCES

Hanen

More Than Words

It Takes Two to Talk



Committed to promoting the best possible language, social, and literacy skills in young children

http://www.hanen.org/Home.aspx

### REFERENCES PACT

Pediatric Autism Communication Training



https://pacttraining.co.uk/information-for-parents/

# Heidi@teamautism.org



