



STATE OF TENNESSEE

Self-Advocate
Mentors

05/26/2016

"Self Advocacy isn't just about rights for people with intellectual disabilities.



It is about **human rights**.

It is about our **civil rights**.

Everyone should care about this."

- Ashley
TN Advocate



Meet the Advocate Mentors



I prepare for a focus group by...



The best part of leading a focus group is...



What is the hardest part of leading focus groups?



What I do with the information I learned:



Good things/changes I've seen.



Quotable Life

**I support people to advocate for
themselves by...**



It is important for Providers to use focus groups because...



“In order for people

to have a

good life,

**staff need to know
what is important to them.**

It is easy to find out...

JUST ASK!”

**- Doris
*TN Advocate***



“People want



JOBS,
not to just
SIT AROUND
and be bored

ALL DAY”

- Chelsea
TN Advocate





“How can people
exercise
their rights
if they don't know
WHAT they are?”

- Patrick
TN Advocate





"This is my life.
Put me in the
driver's seat."

- Patrick
TN Advocate



Please act with

URGENCY 

when making decisions.

When the system

gets in the way of action,

it is **MY LIFE** that ends up

ON HOLD. 

- Anthony
TN Advocate



Questions???





THANK YOU